OUR MISSION
Since 1924 we have made it our mission to provide quality behavioral health services to a community in great need by ensuring easy access and promoting early intervention.

MORE ABOUT US
Los Angeles Child Guidance Clinic empowers children and young adults to get on track to success — to reach goals in school, build healthy relationships, and enjoy emotional well-being. Our team of compassionate professionals offers behavioral counseling and support to individuals and families.

Dear Friends,

The past two years have been a real pleasure, in giving me the privilege and opportunity to get to know our staff, donors and community partners. What I have witnessed increases my excitement about our future and the ways in which we can deepen our impact in Los Angeles. Just as important, I’m thrilled with how we continue to define our organizational success and drive progress.

First, we completed a Strategic Plan (2018-2020) to guide and shape the organization over three years as we continue our distinguished history of providing critical behavioral health and housing services to children, adolescents, young adults and their families. This Strategic Plan inspires our Board of Directors, leadership team, and staff to reach important milestones in expanding our programs, serving new populations, and creating a culture of philanthropy.

Second, with our in-house expert, Melissa King, Ph.D., we conducted multiple focus groups with transition age youth (TAY) in Los Angeles who have experienced trauma, mental health issues, foster care placement and/or homelessness. Our mission: to explore their journeys navigating the health and social service system. These young adults openly shared their concerns that existing systems of care services are simply not sufficient — programs to address knowledge, attitudes, cultures and equitable access to services are needed. One of many solutions we are advancing is an expansion of our core services to include housing for TAY. In our new Hope for Housing LA program, our staff work closely with the TAY Coordinated Entry System in Los Angeles County’s Service Planning Area 6 to serve the most vulnerable members who have the highest priority for housing.

Third, we are near completion with the newly renovated Avis and Mark Ridley-Thomas Life Learning Center. This warm, welcoming, stand-alone central hub will provide additional space (up to 10,000-square-feet) and programs for at-risk TAY. The Ridley-Thomas Life Learning Center will balance the need for formal clinical support and creative exploration, behavioral health services and life skills, providing access to housing resources, education and career training, as well as a healthy support system. Hard hats are scheduled to come off January 2019 when the project is complete and preparation for a celebration begins.

Lastly, we intentionally went through organizational restructuring — from traditional top-down to a bottom-up leadership model — fueling many innovative ideas from our employees. The motivation, curiosity, insight, engagement and determination in this organization are phenomenal! Our Board and Staff feel a sense of great pride. We have clear and significant strengths on which to build for the future.

Please join us in our efforts to address the critical needs of our community and continue our growth trajectory as a legacy organization. We welcome your involvement and support as your collective efforts contribute significantly to the positive development of community wellness, strength and vitality — today and well into the future.
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CHARLENE DIMAS-PEINADO, LCSW, EML
President and CEO

Dear Friends,

The Los Angeles Child Guidance Clinic has seen tremendous growth in services this past year. We are now one year into our strategic plan which better positions us to achieve our mission to empower children, adolescents and young adults to get on track to success – to reach goals in school, to build healthy relationships, and enjoy emotional well-being. One of our goals is to expand our services to more children and families and support a larger swath of the community.

We have accomplished this with extreme focus and incredibly hard work by our amazing clinic staff and leadership – with support from our Board of Directors. Perhaps most importantly, none of this could be possible without the support of our Board of Directors, private donors, corporations, foundations, and government officials.

One of our key initiatives is to provide more support for transition age youth and young adults with mental health issues. We help them find housing, gain employment, create healthy attachments and find physical and emotional well-being. Many of them come through the foster care system and the need for these services is only growing. To meet this need we have been diligently working on the Avis and Mark Ridley-Thomas Life Learning Center located in South Los Angeles. Thanks to the generous support from the community we have secured a majority of the funds needed for the project. However, we still have additional fundraising ahead. If you have not yet invested in our Building Success Capital Campaign we would like to encourage you to do so. For those of you who have already committed to empowering youth, thank you! Any additional investments are truly appreciated and only serve to help us meet and exceed our goals.

In the coming year, we look to continue to advance health and wellness in our community. With your help, we know that we will be successful in strengthening the wellness of our community.

WILLIAM VASQUEZ, CPA, Esq.
Chairperson
Vasquez & Company
PROTECTING OUR COMMUNITY

Alex, age 11, threatened his peers at his middle school, as he graffitied violent acts of murder on a school wall. Faculty reported that he engaged in inappropriate behavior from time to time. In the past, he received medication and outside therapy services, but his adoptive mother did not see any real progress. She began to feel hopeless. After receiving care and treatment from LACGC, Alex’s behavior improved dramatically. LACGC also provided care for his adoptive mother throughout Alex’s treatment. Working with a team, she received the appropriate attention and methods to help him. He was able to maintain placement in the public-school system and he attended his first field trip! Our newest update from LAUSD reports that his grades have significantly improved. We are thrilled for his future!

“...

– Mariah, LACGC Clinical Therapist

Invest In Alex Today
And more youth just like him that are fighting for their emotional wellness.

Donate online: WWW.LACGC.ORG/DONATE
Send checks to: 3031 South Vermont Ave. Los Angeles, CA 90007
COMMUNITY IMPACT 2017-2018

TOTAL SERVICES

117,301
Total number of completed appointments with children, youth, young adults and their family members or guardians.

CLIENTS SERVED

4,227
Unduplicated number of children, youth, adults, and family members benefiting from clinical services.

COMMUNITY ENGAGEMENT

8,084
Total participants and attendees of our community events.

DAY TREATMENT INTENSIVE

5,412
Number of services provided.

ACCESS AND WELLNESS CENTER SERVICES

2,032
Children, youth, parents/caregivers, and adults who received immediate help at the Walk-In Center.

FAMILY RESOURCE CENTER

1,306
Community members served.

SCHOOL-BASED SERVICES

539
Children and youth served in Los Angeles Unified School District, charter, and private school campuses.

HEALTHY FAMILIES AMERICA HOME VISITATION PROGRAM

66
Number of families receiving services.
STRATEGIC GOALS

In 2017 LACGC adopted a 3 year Strategic Plan

COMMUNITY WELLNESS
We seek to broaden our scope of diverse and innovative prevention, intervention, and wellness services based on the needs, interests, and cultures of children, transition age youth, families, and communities. We will leverage new funding sources that will support a seamless continuum of care.

ORGANIZATIONAL EXCELLENCE
Our staff are our greatest asset and the primary source of our longevity and success. We will support a culture of collaboration across all systems, where every voice matters, as we position LACGC as a great place to work, learn, and make a positive impact.

COMMUNITY ENGAGEMENT
We will continue to establish LACGC as a visible and integral service provider and partner and energetic community hub. To realize our vision of creating healthy, safe, and vibrant communities, we will work in tandem with individuals, institutions, and corporations that are similarly dedicated to strengthening the system of care.

INFRASTRUCTURE AND RESOURCES
We will ensure that we have the infrastructure and tools necessary to support programmatic and organizational excellence. This includes improving the use of data for continued success and monitoring. Our workspaces must be both supportive of staff and contribute to a positive community view of wellness and behavioral care.

FINANCIAL STABILITY
We will foster a culture of stewardship, philanthropy, and fiscal innovation. We plan to strengthen ties with existing philanthropic partners as we increase outreach to new foundation, corporate, and public-private partnerships. The goal: to attract and leverage resources consistent with our mission.

“Today, I am so proud of my son.”
PROGRAMS OVERVIEW

EARLY INTERVENTION AND COMMUNITY WELLNESS
Intervening early in a child’s life to prevent future behavioral health problems. For children ages zero to five, the Clinic provides therapy, therapeutic services in classrooms, in homes and in our four locations. At risk parents form healthy attachments with their infants and toddlers.

ACCESS AND WELLNESS
Each weekday morning, the doors open to our Access and Wellness Center, welcoming all ages to the primary connection point for outpatient services. Appointments are not necessary, and it’s free of charge. Children who receive mental health screenings are linked to our services and our staff provide crisis intervention as necessary.

THE AVIS & MARK RIDLEY-THOMAS LIFE LEARNING CENTER
Adolescents and young adults ages 16-25, receive behavioral health services to improve their self-sufficiency. We help them gain employment, succeed in high school and college, build social skills and maintain productive independence.

OUTPATIENT SERVICES
Crisis intervention services are provided at the Clinic, in schools, in homes, and anywhere in the community our consumers need us. Services include individual, group, family therapy, case management and psychiatric services.

INTENSIVE SERVICES DIVISION
Some youth just need more help. We provide a higher level of care for families with children who have severe behavioral difficulties in school or at home. Services are provided at the Clinic or in the community, depending on the program and the family’s needs.
“THE BIG GAME”
SUPERBOWL PARTY

In February, the Honorable Mark Ridley-Thomas, Los Angeles County Supervisor, hosted a “Big Game” party to benefit LACGC. Three hundred guests enjoyed the game with stunning views from The City Club. This event raised more than $500,000 directly benefiting the Life Learning Center. Thank you to our many friends and donors for their contributions.
HOLIDAY PARTY 2017

We were proud to host our largest and most successful Community Holiday Party to date in December. With the assistance of the Honorable Eric Garcetti, Mayor of the City of Los Angeles, we hosted more than 1,200 people and gave out more than 850 gifts, took pictures with Santa, listened to Christmas carols and had a delicious meal.
In November 2017 Los Angeles Child Guidance Clinic enthusiastically joined with local leaders, community and business members, and legislators to celebrate the groundbreaking of the Avis and Mark Ridley-Thomas Life Learning Center – The LLC. Chairperson Wayne Moore and President & CEO Charlene Dimas-Peinado welcomed and thanked guests and donors for joining in the celebration of this momentous occasion which marked the commencement of construction for The LLC.

"Not only are we here to celebrate the renovation and expansion of this building - a building that symbolizes a brighter future, hope and achieving dreams, it’s also an opportunity to bring attention to the various social concerns that are impacting our youth and young adults," said Dimas-Peinado, President & CEO.

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Currently in Los Angeles County, there are approximately 1.4 million transition age youth. Many of these youth and young adults will transition into adulthood successfully but an estimated five to ten percent will not due to a number of negative life experiences - poverty, housing insecurity, substance abuse, abuse, exposure or being a victim of violence. Or, they may be members of marginalized groups based on race, ethnicity, gender or sexual orientation. These social issues cause our young people to be vulnerable and at greater risk for failure because they face high levels of social isolation.

This data underscores the importance of our young people having access to a regular source of comprehensive services as these services can positively influence and change their life trajectories. Research has shown that programs that are holistic, non-traditional and focused on building resilience through assets and resources such as coping skills and mentoring are more helpful and produce better long term outcomes. They have components that support relationship building and engagement. Early engagement is essential to empowering youth and young adults to reach their highest potential.

“The young lady sitting at the bus stop disheveled without shoes, or the young man who approaches us for money have a story to tell... and we are listening with an open and compassionate heart. Together we create a more humane community because the real measure of success is that we take care of each other.” said Dimas-Peinado, President & CEO.
My son, Jose, is 13-years-old and my husband is in jail. Jose is disrespectful at school and at home. I had to call his teacher once because he came home with three stolen school laptops. Jose would also try to steal money from his family members. We spent every single night fighting and I had enough. I didn’t want him anymore. I didn’t love him. Then I was referred to Los Angeles Child Guidance Clinic. Jose and I both started therapy. The therapist showed me ways to discipline him without going overboard. Now he’s an “A” student with perfect attendance at school, his teacher told me he is behaving better and that she’s proud of him too.

– Karen, age 34 [Outpatient Services]
Sarah made the courageous decision to seek support from LACGC after experiencing several childhood traumas and homelessness. From two parents who were unable to care for her resulting in her time in foster care, Sarah was used to moving around. After multiple placements and as she exited foster care, she knew something had to change. At LACGC, she is a part of a team. Throughout the course of treatment, Sarah has built a community of care by connecting with therapists, case managers, and employment specialists in the Life Learning Center. As a result, she has gained a variety of coping skills to manage her emotions, and has gradually developed a more open and trusting view of herself and the world. Additionally, Sarah was hired at a local hospital and has maintained this position for several months. She was also provided with stable housing through the LLC’s housing program, which she is on-track to successfully complete in one year.
SUPPORT WHEN SHE GAVE BIRTH
Home Visitation Program

Jasmine (age 32) was seeking support when she gave birth to her second baby since it had been 10 years since she had her first child. She enrolled in the Clinic’s Home Visitation Program and began working with me. I am endorsed as a Transdisciplinary Infant-Family and Early Childhood Mental Health Practitioner. As a Certified Lactation Educator, I was able to support Jasmine through initial challenges with breastfeeding. In addition to the case management and parent-child activities that Jasmine received during our home visits together, I taught her Infant Massage which nurtures attachment, bonding, sleep, and digestion through touch. Jasmine continues to bond with her now nine-month-old baby through breastfeeding and infant massage. She was able to receive these specialized and quality services due to the training and experience that I have as a Transdisciplinary Infant-Family and Early Childhood Mental Health Practitioner.

– Olivia, LACGC Home Visitor
FINANCIALS

WHERE THE FUNDING COMES FROM:

- Public: $21,524,256 (89.8%)
- Private: 2,444,566 (10.2%)

$23,968,822

WHERE THE FUNDING GOES:

- Programs: $18,757,312 (82.9%)
- G&A: 3,366,616 (14.9%)
- Fundraising: 501,661 (2.2%)

$22,625,589

HOW PROGRAMS USE RESOURCES:

- Behavioral Health Services: $12,042,870 (64%)
- Intensive Behavioral Services: 3,421,738 (18%)
- Birth to Five & Healthy Families America: 1,661,374 (9%)
- Access & Wellness Center: 1,195,419 (6%)
- Vocational & Employment Education & Housing: 435,911 (2%)

$18,757,312
LACGC PARTNERS WITH UNIVERSITY OF SOUTHERN CALIFORNIA ON MINDFULNESS PRACTICES

Dr. Jordan Davis, an assistant professor in the Department of Children, Youth and Families with the Department of Social Work, is conducting research on Mindfulness and substance abuse. The goal of the study is to examine the effect of MBSAT (Mindfulness Based Substance Abuse Treatment) for first-time offending youth referred to community-based agencies. MBSAT for Adolescents results in changes in important self-regulation mechanisms and improved alcohol/substance abuse outcomes. LACGC’s transition age youth (16-25) assigned to the study will meet for eight weeks in both individual and group sessions. Each session targets specific themes such as identifying triggers, maintaining focus, responding to emotional and physical experiences in skillful ways, recognizing intrusive thoughts, and mindfulness meditation techniques.

Dr. Davis focuses on substance use disorder treatments among marginalized youth. His research seeks to understand both psychological and physiological stress responses, self-regulation, and how changes in these systems alter treatment and developmental outcomes. Davis is funded by the National Institute on Drug Abuse, the Fahs Beck Fund for Experimentation, and the Centers for Disease Control and Prevention. He has been named a Fahs-Beck scholar, a Society for Social Work Research Doctoral fellow, and has received numerous awards for his doctoral work on marginalized young adults. The pilot trial at LACGC focuses on the populations we serve: low income, juvenile justice involved, those who suffer from high trauma and substance use.

“This research opportunity brings critically needed services to our clients and broadens our scope of work and possibilities.” said Dimas-Peinado, President and CEO.
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INTEGRATED CARE AND COMMUNITY WELLNESS AT WORK TOGETHER

Focusing on all aspects of wellness, the Latino Integrated Services Management (ISM) program is a well-rounded endeavor. Focusing on the Mind, Body, and Heart aspects of health, staff work collaboratively with South Central Family Health Center to provide a wide variety of services for Latino members of the South Los Angeles community. We focus on the whole person, not just one aspect of health. The program offers services to people who may be encountering challenging and difficult life circumstances such as loss of health insurance. All members of the ISM team are bilingual and provide services targeted to the specific needs of the community. Our coordinated holistic services embrace the entire family including newborns, children, adults, and seniors. Unique features of the program include substance abuse services, as well as classes and workshops including stress management and resiliency building, art, Zumba, cooking, integrative health modality, and health promotion.

Rosa (age 45) was suffering from anxiety, panic attacks, isolation, and poor sleeping patterns. She had gained weight and was feeling isolated from her family and friends. Rosa was going to the emergency room frequently to cope with panic attacks. This quickly became very expensive and strained her finances. After participating in the ISM program for six months, she reported having less anxiety, her sleeping improved and she didn’t have a single panic attack. She met other members of the ISM community in the group classes and made new friends who are also going through similar challenges. Rosa now firmly believes in the power of mental health services and wants more people to be aware that it works.
COMMUNITY WELLNESS 
BEGINS WITH ACCESS

“I have a 2-year-old son, and both of my parents are in prison. I worried all the time about where to sleep, what to eat, and if I was going to lose my son. After a few months, the Department of Children and Family Services (DCFS) took my son. They said I could get him back once I was able to care for him again. That killed me. I was homeless and suffering from extreme anxiety and depression. When DCFS followed up, they referred me to the Los Angeles Child Guidance Clinic. I was hesitant, but knew I needed to get healthy to get my son back. I met with a therapist twice a week. She helped me take better care of myself, I found a job, and saved enough money for a place to live. I’m still working to get my son back, but this place saved my life.

– Erica, age 16 (Access and Wellness)
CALL TO ACTION

Your gift to Los Angeles Child Guidance Clinic will reach children, young adults, adults, and families as we help them heal from trauma and build healthier, happier futures. When you contribute to our Building Success Capital Campaign, you will be an integral part of laying the foundation for young people with mental health needs to make that all-important transition to adulthood.

To make an investment today please visit www.lacgc.org/donate
To contribute to the Clinic’s work by mail, you can mail a check to our Advancement Office:

LA CHILD GUIDANCE CLINIC
3031 S. Vermont Ave., Los Angeles, CA 90007

With the increase in youth homelessness in South LA, Los Angeles Child Guidance Clinic continues to combat more youth becoming homeless and needs your help. Los Angeles Child Guidance Clinic is seeking landlords with one or two bedroom apartments who are interested in master leasing with LACGC in order to offer young adults (ages 18–21) and single parents support through this critical time in their lives. Please call for more information.
Or you may email HopeForHousingLA@LACGC.org or call (323) 373-2400 ext.3223.

In-Kind Donations

Disposable Diapers Sizes 3-6
Strollers
Car Seats (new)
Cribs
Bassinettes
Pack ‘n Play
Travel Play Pen

Our Family Resource Center provides free resources, community referrals, educational Family Nights, and parent workshops. You can support this program with donations of the above high-priority needs. (All items should be new or gently loved.)

Donations are fully tax-deductible to the extent allowed by law.
Donated equipment must meet current safety standards.
Los Angeles Child Guidance Clinic is a private, nonprofit organization.
ANNUAL HONOR ROLL OF DONORS

We are deeply grateful for gifts received this past fiscal year from old friends and first-time supporters alike to support our comprehensive array of programs and services. Your philanthropic partnership is a vital contribution to the Clinic’s ongoing efforts to offer help and hope for children and their families.

PLATINUM $25,000 AND UP

California Resources Corporation
Energy Capital Partners

Majestic Realty
Mark Ridley-Thomas Committee for a Better LA

Sebastian Ridley-Thomas
Skylight Foundation

GOLD $5,000-$24,999

Manny Abascal
Alondra Golf Course
Ronald L. Bergum
Carol O. and Frank J. Biondi, Jr.
Blue Shield of California
The California Endowment
California Mental Health Services Authority
Confidence Foundation
Corporation for Supportive Housing
East West Bank
Equitrust Life Insurance Company
G&C Equipment Corporation
Gensler
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IBEW, Local Union 18
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Michael Stubbs and Bill Resnick
Trammell Crow Company
UniHealth Foundation
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Wasserman Foundation
Watt Companies
Weingart Foundation

SILVER $1,000-$4,999

Arthur J. Gallagher & Co.
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Arnie Berghoff
Bob Blake
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California United Bank
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Lisa Cassinis
Dr. Areta Crowell
Dr. Yasmin and Gregory Keith Delahoussaye
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Eileen Akiaten
Tracie Andrews
Baby2Baby
Big Sunday
The Book Foundation
Wendy Brazill
Maria Cappeta
The Cosmopolitan of Las Vegas
Caveman Kitchen
CHiPs for Kids
FISCAL YEAR FROM JULY 1, 2017 TO JUNE 30, 2018

PATRONS $500-$999
Sarah and Greg Agee
Emanuel Avina
Cynthia Bell
Martha K. Brown
Dr. David Carlisle
Carolyn Chadwick
Dr. Wayne Chen and Chausa Nguyen
Community Coalition
Ralph and Anya Frammolino
Dr. Marilyn Flynn
Jim and Lisa Goalen
Teressa and Scott Leingang
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Wayne and Elaine Moore
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Dr. Thomas F. Trott
Unified Consulting, LLC
Lori Varga
William Vasquez
Joseph W. Waz, Jr.
Jon Wirthlin

FRIENDS $250-$499
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Candace Bond
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Detail Painting, Inc.
Merri Jill Finstrom
Leonard Fuller
David Giannotti
HNTB Corporation
Janice Faye Martin
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Pamela Moon
Henry P. Nelson
Booker Pearson
Wilma J. Pinder
Dr. Deborah
Prothrow-Stith
Judy and Don Rabska
Lauren Schlau
Paul Vandeveeter
Valarie Wright

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Bakewell Hawthorne
Jerry and Susan Beem
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Antoinette Cortez
Mary Culbert
Genentech
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Alison Goodall
Jacquelynn Hawthorne
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Dr. April Mayer
Mercado Financiial Services
Alina Molina
Herbert Morris
Network for Good
Frank and Susan Osen
Patrick Shea
Laura Trott
United Way California
Capital Region
Danny Vasquez
Clarl M. Wilson
Richard S. Wyde

SUPPORTERS $25-$99
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AmazonSmile Foundation
Dr. Victor J. Bernstein
Maria Brenes
Wayne and Marjorie Christoffersen
Fredric and Janet Kessler
Sally Lew
Joseph Loo
Helene Rosenbaum
Arthur and Lucienne Rosenblum
Dr. Richard B. and
Carolyn N. Rosenstein
Carol Sookman
Dr. Adam W. Sternberg
Jonathan Thompson
Sue and Henry Weinstock

IN-KIND CONTRIBUTORS
Eileen Akiaten
Tracie Andrews
Baby2Baby
Big Sunday
The Book Foundation
Wendy Brazilil
Maria Cappeta
The Cosmopolitan
of Las Vegas
Caveman Kitchen
CHiPs for Kids
Joyce Davis
DS Services
Fiesta Toys
Gorilla Marketing
InterContinental
Los Angeles Downtown
Joymode
JSA Foundation
LA Works
Los Angeles City 8th Council District
Los Angeles Dodgers
Los Angeles Unified School District
Marina Graphic Center
Marine Toys for Tots Foundation
Dr. Julie Michigan
Milk + Bookies
My Gym
Nationwide Real Estate Executives
Navitas Organics
Pacific Crossroads Church
Sandy Pressman
Ralphs
Roxbury Park Knitting Group
Dr. Richard Saneda
Sherman Oaks Martin Pollard
Branch Library
Jeremy and Melissa Sidell
Silicon Valley Bank
Sheri Sinaga
Togo’s
BOARD MEMBERS AND EXECUTIVE TEAM

Los Angeles Child Guidance Clinic is indebted to the governing leadership of our Board of Directors and the guidance and assistance of our Advisory Board. These individuals, working in close partnership with Executive Staff, gave generously of their time, talent, and resources in carrying out our mission.

WAYNE MOORE
Chairperson
Southern California Association of Governments, rtd.

WILLIAM VASQUEZ, CPA, Esq.
Chairperson-Elect
Vasquez & Company

GAIL KENNARD
Secretary
Kennard Design Group

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SAMUEL M. VICTOR
"Thank you for helping me at school. I want to go!"

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UNIVERSITY PARK OFFICE
3031 S. Vermont Ave.
Los Angeles, CA 90007
(323) 373-2400

LEIMERT PARK OFFICE
4401 Crenshaw Blvd., Ste. 300
Los Angeles, CA 90043
(323) 290-8360

NEW AVIS AND MARK RIDLEY-THOMAS LIFE LEARNING CENTER
5054 South Vermont Ave.
Los Angeles, CA 90037
Anticipated Opening 2019

Find us on
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@LACildGuidance  WWW.LACGC.ORG
“Art With a Heart” is LACGC’s Holiday Art Boutique. We will gather well-renowned artists from across Los Angeles to share their talents while supporting the important work we do in the community. “Art With a Heart” will raise funds to support The Clinic’s mission to empower children, adolescents and young adults to get on track to success—to reach goals in school, build healthy relationships, and enjoy emotional well-being.

Your investment helps us assure the night will be a huge success. The event will have no entrance fee and will feature entertainment, drinks, and food. If you are unable to attend please consider supporting our Annual Campaign at www.lacgc.org/donate

RSVP online: http://tinyurl.com/LACGCartwithaheart

Special thanks to