



Are you feeling sad or depressed? You are not alone. Wellnest is here to help.

Welcome to Wellnest's Access Program



No-Fee Mental Health Screenings

- Ages: Birth - Adults
- Apply by Phone or Walk-in without an appointment
- Services in English and Spanish

Applicants are asked to bring the following:

- Medi-Cal card
- Photo ID
- Child/Applicant must be present
- Paperwork that demonstrates guardianship if not the biological parent (For example, a Minute Order)

Hours

Mon: 9am-5pm
 Tues: 9am-11am & 2pm-5pm
 Wed: 9am-5pm Thurs: 9am-5pm
 Fri: 9am-12pm
Closed 4th Tuesday of Every Month

How Long It Takes

Estimated times include:

- 15-20 minutes for enrollment paperwork
- 15-20 minutes for Triage
- 2 hours for Clinical Interview

These times are estimated and can be affected by a number of factors including staffing, how many people in line, and how many people you are trying to enroll. If there is not enough time to complete all these steps before closing, we will schedule with you to complete the remaining steps at a later date.

Services

- Individual, Family, and Group Counseling
- Medical consultation and medication
- Skill-building and connections to Supportive Community Resources



All services can be provided remotely. Start by calling (323) 766-2345 or email at Contact@WellnestLA.org



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